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Garden room damp and mould prevention

What causes damp?

As the name suggests, damp is caused by damp conditions and is most prevalent during seasons where moisture is more common in the air.

How can I prevent damp in my garden room?

Garden rooms can sometimes be abandoned for months on end, especially in the colder seasons, meaning that no fresh air flow is entering the building. This stagnant air can hold a lot of moisture which then condenses and causes mildew and mould. To prevent this, try and get air circulating by leaving windows open, blowing a fan in the building, or even leaving the door open from time to time.

Increasing fresh air flow is not just about getting it into the building, you will need to think about all the areas the air will need to circulate. Storing items extremely close to the walls will prohibit circulation in that area and increase the risk of mould. Try to leave space around items, if this is not possible try to move the items around frequently.

You can also avoid mould formation by reducing the number of items that can store moisture, these might include cardboard boxes, open containers with liquid etc.

Another option would be to install a timed heat source ensuring the building does not cool completely.